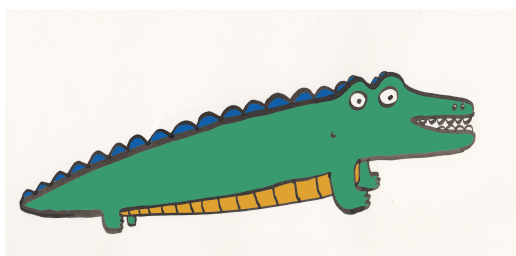


SUPER FUN YOGA TIME @ THE COMMON HOUSE



SuperFunYogaTime: A new social enterprise dedicated to providing high quality, developmentally appropriate kids yoga classes which emphasise laughter, fun and having a good time together. Our classes are not mini yoga classes for mini adults. Our classes are an interactive mix of storytelling, drama, music, dance, art, games, and of course, yoga. In the words of Alfie (5 years old) a pupil at Small Acres School in Peckham; "Yoga is my favourite thing at school cause I get to be inside the story."

Where: The Common House; Unit 5e
(press the buzzer)
5 Pundersons Gardens
Bethnal Green E2 9QG



When: 4pm - 5pm
Thursday 3rd July
Thursday 10th July
Thursday 17th July
Thursday 24th July

Teacher: Luke Freedman is a qualified primary school teacher and qualified Rainbow Kids Yoga instructor. He is insured to teach kids yoga and has a recent DBS check.

Price: 1st Class is Free. Subsequently: £2 unwaged, £4 low waged, £6 waged

Age: Approximately for 5 to 6 year olds. **Bring:** Comfy clothes and a drink.

If you have any further questions contact me at superfunyogatime@gmail.com
If you would like your child to attend please RSVP me at the same address.